

Fit for Work Programme Consultancy



Overall Objectives

Health and Wellbeing Strategies are becoming more sophisticated and involve the careful integration of a variety of services that cover the areas of:

Health promotion	Improving performance, energy and resilience through diet, exercise, stress reduction and positive work-life balance
Health Management	<p>Providing active management to minimise the impact of physical and mental health issues such as:</p> <ul style="list-style-type: none"> ∂ Stress ∂ Acute illness ∂ Terminal illness ∂ Chronic illness ∂ Mental illness ∂ Bereavement ∂ Suicide ∂ Alcohol and drug abuse
Absence Management	Reducing days lost to sickness absence through active, constructive engagement with those affected.

Workplace Potential has a team of highly experienced and qualified consultants who can support you in the design, implementation and evaluation of Health and Wellbeing strategies, enabling you to be more effective in your management and integration of existing and new services.

Organisational Benefits

The organisational benefits may include:

- ∂ Enhanced performance of individuals and teams
- ∂ Reduced stress of individuals and teams
- ∂ Reduced sickness absence
- ∂ Improved retention of talent
- ∂ Improved morale

Our Approach

We begin by meeting with you to understand your organisational context and work collaboratively with you to identify your requirements, which may include the following:

Consultancy on Health and Wellbeing Strategy
Review of existing services
Identify potential service developments
Develop an integrated health and wellbeing strategy
Build a business case for new services
Develop a communication strategy to support the introduction of new services
Organise training and seminars to support the delivery of the strategy across the organisation
Design and deliver an organisational change programme to implement a health and wellbeing strategy
Develop training programmes to build internal capacity to deliver health and wellbeing interventions
Conduct evaluation research to measure the impact that health and wellbeing services have on the organisation and demonstrate return on investment

Contact details

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