

## Health and Wellbeing - Fit for Work Programme

Workplace Potential can support you to deliver Health and Wellbeing strategies which enhance organisational effectiveness, by designing and delivering a bespoke Fit for Work Programme which combines training, coaching and consultancy services.

**Consultancy** We work collaboratively with clients to design, deliver and evaluate programmes that combine health promotion, health management and absence management, and to integrate them with existing services such as Occupational Health and Counselling.

**Fit for Work Coaching** enables organisations to help employees sustain their work performance during periods when health issues impact their capacity to work, and to minimise any effect on their team.

**Line Manager Training** improves managers' skills and confidence in performance-managing individuals with health issues and addressing any impact on their team.

**Line Manager Coaching** provides tailored support to enable line managers to deal effectively with complex or intense health-related issues, and builds their capacity to deal with similar issues in future.

**HR Training** designed to enhance HR Professionals' effectiveness in managing and advising on complex, emotive or intense health issues.

**HR Coaching** to enhance HR professionals' capacity to manage particularly challenging situations involving someone with a health issue, and to raise their level of skill for the future.

**Team Development** working with groups of managers, HR professionals or with teams who have been affected by health issues at work. This provides a constructive, supportive environment for them to review and learn from both practical and emotional impacts of the issues encountered.

**Evaluation of Return on Investment** Workplace Potential is currently undertaking research to evaluate our services and demonstrate return on investment. We would recommend that you incorporate an evaluation process alongside your Fit for Work programme to measure and evaluate return on investment within your organisation.

For more information please contact:

Dr Linda Hoyle

Workplace Potential Ltd

p. 07989 409076

e. [linda.hoyle@workplacepotential.com](mailto:linda.hoyle@workplacepotential.com)

w. [www.workplacepotential.com](http://www.workplacepotential.com)

Postal Address:

Workplace Potential Ltd

PO Box 1450, BEDFORD, MK43 6AL